

# What to Bring & What to Wear

## Summer Camps at Learning Outside

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**Our days are fun-filled and active and spent entirely outdoors.** Please read the lists below to make sure your camper comes ready for action each day!

### What to Bring:

1. A **backpack for the trail** with the following items packed inside:
  - **Plenty of healthy snacks** to last all morning
  - A good-sized **water bottle**
  - A **raincoat** if rain is predicted
2. A **second backpack** or **bag that stays on Base Camp** with the following packed inside:
  - A **healthy lunch** (no sugary foods or drinks please)
  - A **second water bottle** for the afternoon
  - A **change of clothes**: *back-up shorts, extra socks, an extra shirt, extra underwear + back-up shoes and rain boots*, if rain is predicted
  - A **bathing suit and towel** for our afternoon waterworks games. (Optional)  
Campers are welcome to play our waterworks games in their regular clothes and drip-dry in the sun.

### What to Wear:

- **Clothes** that can get dirty, wet or muddy
- **Close-toed shoes**: *sneakers or walking shoes* (no flip-flops please)
- A **layer of sunscreen** already on when your camper arrives each morning
- A **layer of bug spray** already on when your camper arrives each morning
- A **cap** or **sun hat**
- And, **if rain is predicted**, send your camper with a **raincoat & rain boots**

### Things NOT to bring:

1. Cell phones, electronics, I-pods, or hand-held games
2. Toys or other things from home
3. Pocket knives